

THE FRIDAY FLIER

KOTAHITANGA

Waikato Waldorf School, Kindergartens and Playcircle



No: 01

1 February 2019

Kia ora tatou

It is wonderful to see so many happy children and parents arriving for the first day of this academic year.

Welcome to all our new families; we are thrilled that you have chosen a Steiner Education for your child/ren and we look forward to our future journey with you. Thank you to everyone who participated in our beautiful powhiri today: what an excellent start for us all! Good communication and trust is a big part of this successful partnership so we hope to see you at the first class meetings of the year which will take place over the next few weeks. Not only will you get a chance to meet with your child's class teacher but also find out more about the impulse of the class and the curriculum covered during the year, including trips and camps. This year all parents wishing to volunteer for overnight camps will need to complete a police check. Teachers will give you more detail about the process at your meetings.



We have been busy on site with the Class 2 room being painted and new signs at the front of the school. A big thank you to all our families who turned out two weeks ago for the Working Bee. They got through an amazing amount of work on the grounds and in the community room (which is currently being spruced up). The old office is being given the once over and will be used as our new music room/studio. My old office is about to be fitted out to become our permanent school shop and the old staff room is being fitted to become our food science area. At the back of the school the earth which was excavated for the new office is about to be used to fill in the ditch and create a new culvert area behind the apple trees. We are working to getting these areas established and up and running within the next month.

The organic vegetable garden is going from strength to strength and Chris has been busy at the Farmers Market. Class 8 & 9 will also be selling beautiful organic Luisa plums for \$3 per kg. Watch out for the cart selling produce at the end of the day!

Please ensure that your child/ren come to school every day with their sun hat, trainers/sandals for games, PE and running around on the hot play surface. Please apply sunscreen to all exposed areas of skin to prevent sun burn during the day before they come to school, even if it is cloudy in the morning. We will also have some spare sun screen at school which your child can apply if you forget. If you do not wish your child to wear sunscreen then could you please let your class teacher know. During the really hot weather students will have the option of staying indoors at lunchtime in our air-conditioned classrooms, for quiet activities. The students will also be allowed to have regular water breaks throughout the day to ensure they remain well hydrated. It is helpful if you can provide a water bottle for this purpose although cups are also available in class if required.



Don't forget school will be closed next Wednesday for Waitangi Day. Have a good weekend!

Ngā mihi, Sue Bradley

UPCOMING EVENTS

TERM 1 DATES

Week 2

Tues 5th February PA Meeting 7pm

CI 5 Parent Meeting 6pm

CI 6 Parent Meeting 6pm

Thurs 7th February CI 4 Parent Meeting 7pm

Week 3

Monday 11^h Feb. BOT Meeting 6pm

Tuesday 12th Feb. CI 2 Parent Meeting 6.30pm

Wednesday 13th Feb. CI 1 Parent Meeting 7pm

Thursday 14 Feb. CI 7 Parent Meeting 7pm

Week 4

Monday 18th Feb. CI 3 7pm

Wednesday 20th Feb. Class 6 Karamu Caves

CL 8 & 9 Parent Meeting 7pm

Thursday 21st Feb. PT meeting 7pm

Week 5

Wednesday 27th Feb. Rudolf Steiner's birthday

Thursday 28th Feb. CL 3 Overnight Camp

Week 6

Tuesday 5th March PA Meeting 7pm

Thursday 7th March Journey Through the School 6.30pm

Week 7

Thursday 14 March BOT meeting 6.00pm

Week 8

Monday 18th March Autumn Festival

Wednesday 20th March – Friday 22nd March
Class 4 Pirongia Camp

Thursday 21st March PT meeting 7pm

Week 9

Sunday 31 March Medieval Carnival

Week 10

Monday 1st April School Closed –

Teacher Only Day

Week 11

Thursday 11th April BOT meeting 6pm

Friday 12th April Final day of term –

school finishes 2pm

FROM THE OFFICE

➡ ADDRESS DIRECTORY

I am currently updating this year's **address directory** for the community.

Please let me know ASAP if you had any changes in your address and/or phone number.

Thank you.

➡ PLEDGE FORMS 2019

Now Overdue! We urgently need your Pledge Forms to be returned so we can budget for this year.

If you have mislaid your form please call Monika in the office. Thank you.



Eurythmy – An Introduction

Eurythmy is a form of artistic movement developed by Rudolf Steiner and works with the life forces, nourishing body, soul and spirit. There are benefits on so many levels! At Waldorf schools, our children are so deeply rewarded through regular Eurythmy and movement. If you have ever wanted to know more about this aspect of your child's experience at school, this is the group for you! If you would like to experience it for yourself with a supportive group as we explore Eurythmy inspired movement together, come join us on Mondays in the Hall. No experience is necessary. Wear loose comfortable clothing.

“Eurythmy is not intended for immediate intellectual understanding, but rather for direct perception and experience.” ~Rudolf Steiner

When: Adult class - Monday afternoon during term 2.10-2.55 p.m. Start date Monday 11th Feb.

Where: School Hall

Cost: Reasonable Koha would be greatly appreciated

Co-Ordinator: Alison with piano accompaniment by Clive
Information: Tel. 824—1117 evng

Plum Parenting News: I have recently relocated to Masterton and set up a lovely office here for online counselling via Skype, Facetime or Zoom. So to all of you around New Zealand and overseas I am open for business and have managed to reduce my waiting list times somewhat. Please go to www.plumparenting.com and click on **'Mentoring'** to register for the service. See the links at the bottom: **'More Information'** (about how I do the sessions), and **'Fees'** (for the fee info). Note that all clients start with a comprehensive 4-5 session course. After that they can access a one-off session any time. All the very best for a great year of parenting and please send anyone needing this service to my website or to the **Plum Parenting Facebook** page. Mary Willow. Helping Parents with Parenting.

AWARENESS THROUGH MOVEMENT ®

Term 1, 2019



Two series of Awareness Through Movement classes in Term 1, 2019. Great to move out of chronic pain, balance your stress response, get a greater body awareness and coordination, improve your posture and get your brain active and learning. We're addressing your nervous system here and you'll be learning about your habits and creating new options - all through observing how you move and finding more efficient ways of organizing yourself.

When: Fridays (Block 1: Feb 1, 8, 15; Block 2: Mar 22, 29, Apr 5, 12)

9:30 till 10:30 am

Where: Studio Glow, 7/9 Karawa Place (Te Rapa, behind Kmart)

Cost: Casual \$15, Block 1 \$40, Block 2 \$50, Block 1+2 \$80

Please enquire about special price

for parents of children with special needs

Please contact Alina alinakom@mail.ru / 021 029 43935 / check out [Facebook page \(@KoruMovement\)](#) to enquire or enroll [here](#).

Check out Feldenkrais Guild NZ web-site to find out how it works: <https://www.feldenkrais.org.nz/about/group-classes-atm/> or to learn more about the benefits of the Feldenkrais Method®: <https://www.feldenkrais.org.nz/benefits/>



**Feldenkrais
METHOD**

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Alina is a trainee teacher of Awareness Through Movement® currently in her fourth year of the Feldenkrais Professional Training Program.