

THE FRIDAY FLIER

(Published fortnightly)

KOTAHITANGA

Waikato Waldorf School, Kindergartens and Play Circle



No: 16

20 October 2023

Kia ora e te whaanau, Hello everyone,

I hope you are all doing well and have been managing to enjoy the warm, Spring sunshine.

The term has started with a hiss and a roar with Class 8/9's play, a terrific rendition of Shakespeare's 'A Midsummer Night's Dream'. Class 7 provided musical accompaniment to top off the whole performance. A huge thank you and hearty congratulations to all the staff and students involved - all of the hard mahi really paid off, and it was a snapshot of our school at its best.

As I write this Class 7 are away on their Outdoor Skills camp, 'surviving' for a week under self-built bivvies, setting up a camp using a range of bushcraft skills, cooking their own kai, and working together to overcome a variety of set challenges. This camp has morphed over the years but always provides a rich, balanced opportunity for our 13 year olds to work cooperatively, develop resilience and a strong sense of self. We look forward to welcoming the staff and students back to school and hearing stories of courage and personal triumph. A huge thanks to all the adult helpers for making this camp possible.

Circling back to a few community consultations that many of you have contributed to across the last few months. First of all, many thanks to all those who provided valuable thoughts and suggestions regarding the school's strategy for the next two years. All of your feedback will be read and considered, and will help us to set the direction the school takes in 2024 and 2025. More to come on that before the end of term. Please note that the T-Shirt prize draw will take place by the end of next week, Oct 27th, slightly later than previously advised, aroha mai.

Lastly, the modified RSE Relationships and Sexuality Education document is ready to go and will also be sent out next week. Parents requiring further clarification around any elements of the final document are invited to contact me directly to arrange a meeting to discuss any topics that may need further clarification.

Wishing you all a fantastic long weekend.

Noho ora mai,

Rob

Whakataukii o te wiki

Nāu te rourou, nāku te rourou, ka ora ai te iwi

With your food basket and my food basket the
people will thrive

This whakatauki talks to community, to collaboration and a strengths-based approach. It acknowledges that everybody has something to offer, a piece of the puzzle, and by working together we can all flourish.

UPCOMING EVENTS

TERM 4

23 October Labour Day - no school

20 November Teacher Only Day

15 December Last day of Term 4, finish at 2 pm

More dates to come.....

TERM Dates 2024

	Start Date	End Date	Breaks/Public holidays
TERM 1 Class 1 start:	31 January 2024 1 February 2024	12 April 2024	6 February Waitangi Day 18 March TOD after Carnival 29 March - 2 April
TERM 2	29 April 2024	4 July 2024	31 May TOD 3 June King's Birth- day 28 June Matariki
TERM 3	22 July 2024	26 September 2024	
TERM 4	14 October 2024	18 December 2024	28 October Labour Day

High School Happenings

Last week Class Eight and Nine performed their Shakespeare play: A Midsummer Night's Dream. The students worked solidly for two terms to provide a fantastic performance. The actors and their characters were as follows:

HERMIA - Emily

LYSANDER- Francesca

DEMETRIUS- Francis

HELENA – Izzy

OBERON - Brody

TITANIA - Summer

BOTTOM & PYRAMUS – Griffyn

QUINCE & NARRATOR – Yun Xin

HIPPOLYTA -Aurin

CURTAINS & PROPS - Lilly

THESEUS – Manaia

PUCK- Skye

EGEUS, FLUTE & THISBE – Rowan

SNOUT, LION & MOTH – Grace

PHILOSTRATE - Kaian

STARVELING, MOON & MUSTARDSEED - Senna

SNUG & THE WALL- Jesse

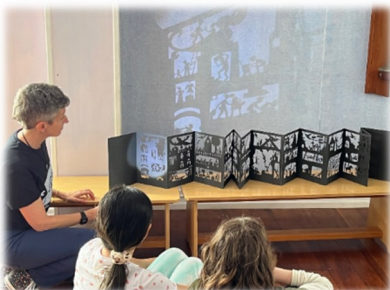
LIGHTING & PROPS - Austin

PLEASEBLOSSOM – Annie

A special thanks goes to Anna for the costumes and the Fairy grove backdrop and Kerryn for Props and backstage management. I'm very proud of the effort and commitment from everyone to make this production so wonderfully enjoyable and successful. Thank you all.

Mel

The High School also enjoyed the puppet showcase on Tuesday this week. Techniques and tips in how to make, use and perform with puppets as well as a two-audience only shadow performance entertained the students.



Waru Crafts Market

Class 8

Come and buy some products at the annual Waru Market!!!

Save the dates

Week 4, term 4, from 2:30pm to 3:30pm.

Tuesday (31/10), Wednesday (1/11) and Thursday (2/11)

Class 8 handmade products all under \$50 fundraiser

Types of Products: Ceramic plates, decorations, cups and soap



What are they made of?

The plates are made of natural organic clay

The soap has 2 available flavours:
Turmeric soap and Lavender soap



Gallery Visit

Students in class 9 visited Ramp Gallery at WINTEC last Friday. They met the artist, Sarah Munro and got to hear what inspired her beautiful watercolour paintings that she did for her Phd. It was a rich and inspirational conversation with Sarah and the gallery curator, Tamsin. The students were given the chance to respond to the works by doing their own paintings using watercolour.

Here is one of Sarah's works called, He treats me like fine porcelain, 2023 alongside a response motivated by the theme of underwater creatures by Lilly Jones CI9.



We would also like to give our best wishes to Yun Xin who joined us earlier this year in Class Nine who has now moved to Auckland with her family and has started at Titirangi Steiner School. Yun Xin demonstrated a wonderful work ethic, was always polite and caring and was a great supportive friendly High School team member. All the best for you and your family Yun Xin. We hope to see you again in the near future.

More pictures from the puppet show from Classes 1 and 2





Mindfulness practice has helped millions of adults learn a more resourceful response to the stresses inherent in being human. Children too, who are under great pressure from peers, social conditioning, media and the internet, can learn to protect themselves by using these well-researched tools, when those mindfulness tools are adapted to younger age groups.

When children learn how to be mindful, taking a few moments before responding to stressful situations, they become more resilient, more thoughtful and more empathic. They also learn to understand the relationship between thinking and feelings in the body.

We all know mindfulness is good for us. Mindfulness allows us to be present in our parenting, choosing a skilful response, instead of succumbing to our visceral reactions. Mindfulness is also good for our children. There is an emerging body of research, including some exciting new NZ research, which shows mindfulness helps children improve their ability to pay attention, to calm down when they are upset and to make better decisions. In short, it helps with emotional regulation and cognitive focus. Doesn't everyone want that for their children?

A simple practice is to have the child sitting relaxed and breathing in their favourite colour in through their nose down to their belly button then breath out through their mouth gently and slowly- if they are feeling anxious they can also imaging blowing out through their mouth a rainbow. This simple exercise practiced *before* pressures rise, can be quickly instigated to actively help a child re-establish their equilibrium.

Maree Smith RN, Anthroposophical RN 021 150 9443



COMMUNITY NOTICES

These notices are published as a service to the school community. Publication is at the discretion of the Editor, and does not necessarily reflect the opinion of the Faculty.



Forest Run 10th November

Calling all those kids from years 1-8 who love running and the forest to join us on a trip to Rotorua to participate in the LEGEND OF THE PEAKS forest run/walk.

We have 2 spare seats in our car but would love for other families to join us to represent the Waikato Waldorf School. This trip is on Friday the 10th of November.

If you're interested, contact Helen on 0226458062 or thecadburykid@hotmail.com





**4TH
NOV**

FARM OPEN DAY

9.30AM START
66 TE MANATU DR, HUNTINGTON

Earth Stewards



Firefox.Ink

9.30AM - 12PM:
BUTTERNUT PLANTING

12PM - 1PM:
LUNCH



1PM - 3PM:
SUMMER SEEDLING SALE

Earth Stewards

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